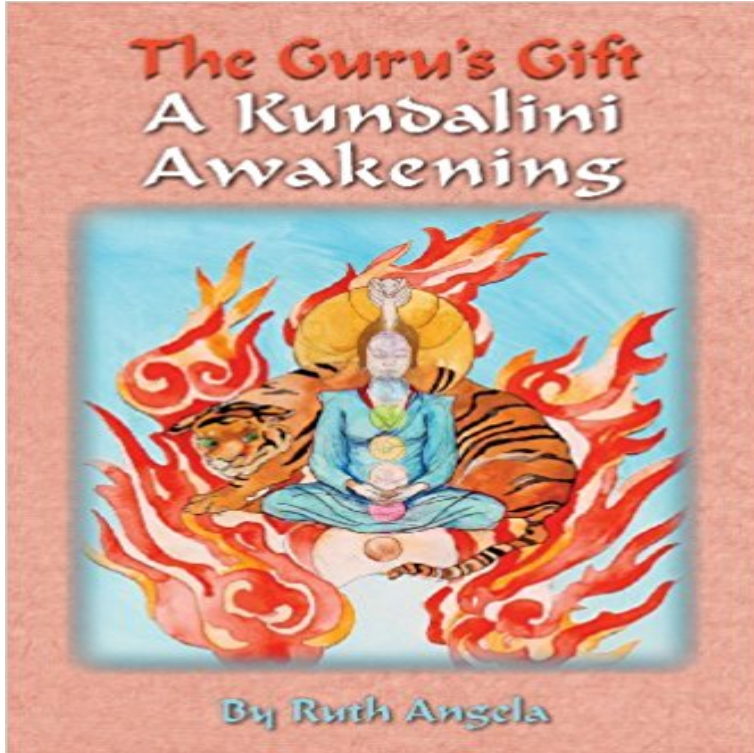


## The Gurus Gift: A Kundalini Awakening



When a dramatic Kundalini awakening occurred in 1979 from the influence and guidance of a great guru, this Yuppie housewife's life was thrown into a whirling spiral of mysticism and magic. Using the guru's mantra and practices, Ruth entered a world of wonder and bliss. Spinning off the ground, reading others' thoughts, reading languages never learned, and dancing ecstatically were daily delights that eventually devolved into a hero's journey of cleansing the subconscious of its hidden dragons. As the cleansing process scoured her psyche, nights without sleep, days spent in a living dream, and great winds of depression brought out revengeful ghosts, sucking all the life from the soul. She was on the classical hero's journey towards self-realization, described by Joseph Campbell in *The Hero with a Thousand Faces*. It had begun in bliss and then became a living nightmare. In 1979 no one in my culture knew anything about such crazy behavior. No one understood this lonely, confusing process where boundaries of time, awareness and self cease to exist. Finally this journey culminated in a climactic but classic ego death spiral. After visiting the guru in person, receiving his invaluable assistance, the ghouls and merging realities stabilized and Ruth was once again, the reliable, sensible, sane wife, mother and graduate student. In 1993, still puzzled and embarrassed by the trauma caused to her family, Ruth began researching Kundalini, and 20 years later has been able to

explain logically what took place in those intense 18 months. Her wide-ranging research has led to this comprehensive explanation of some of the most wonderful and miraculous attributes of being born a human. The book will bring comfort to those going through this phenomena (or their families and caretakers) that can lead to their integration and emergence. For the truth is, Kundalini awakening is an enormous benediction. It is in fact as natural as puberty or menopause; it is human evolution, and as such should not to be suppressed or shamed but lauded and praised. It is our Mother of All (Kundalini) coming back to claim Her lost child, for She is the cosmic ONE within.

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A Kundalini Awakening by Ruth Angela. Contact Ruth through the links on the web page or: [Introducing Kundalini - The Gurus Gift: A Kundalini Awakening](#) The Gurus Gift: A Kundalini Awakening by Ruth Angela. RUTH ANGELA: I was born in England and emigrated to the United States in my early 20s to live with [About the author - The Gurus Gift: A Kundalini Awakening](#) Buy The Gurus Gift: A Kundalini Awakening by Ruth Angela (ISBN: 9780984660414) from Amazons Book Store. Free UK delivery on eligible orders. The Gurus Gift: A Kundalini Awakening eBook: Ruth - Amazon UK Kundalini awakening having taken, whether they knew it or not, "the plunge." The meditator who inadvertently takes a Kundalini Yoga class thinking to try [The Gurus Gift: A Kundalini Awakening](#): : Ruth Angela When a dramatic Kundalini awakening occurred in 1979 from the influence and guidance of a great guru, this Yuppie housewives life was thrown into a whirling [By Ruth Angela The Gurus Gift: A Kundalini Awakening \(1st First The Gurus Gift: A Kundalini Awakening book cover. The Gurus Gift: A Kundalini Awakening by Ruth Angela. LOOK INSIDE feature is available at AMAZON: The Gurus Gift: A Kundalini Awakening \(Paperback\) - Waterstones](#) When a dramatic Kundalini awakening occurred in 1979 from the influence and guidance of a great guru, this Yuppie housewives life was thrown into a whirling [CHAPTER 2 - The Gurus Gift](#) Find helpful customer reviews and review ratings for The Gurus Gift: A Kundalini Awakening at . Read honest and unbiased product reviews from [The Gurus Gift: A Kundalini Awakening eBook - The awakening of Kundalini is a spiritual awakening, a major step towards realization of the divine. It is, in fact, a great boon, a great blessing and a magical gift. Kundalini Archives - The Gurus Gift: A Kundalini Awakening](#) Read The Gurus Gift: A Kundalini Awakening by Ruth Angela by Ruth Angela for free with a 30 day free trial. Read eBook on the web, iPad, iPhone and [The Gurus Gift: A Kundalini Awakening by Ruth Angela \(2013-12-14 Jun 18, 2014](#) There are likely psychiatrists or psychologists right now trying to help patients with Kundalini awakening symptoms. Unfortunately, doctors that [The Gurus Gift: A Kundalini Awakening eBook - When a dramatic Kundalini awakening occurred in 1979 from the influence and guidance of a great guru, this Yuppie housewives life was thrown into a whirling](#) [Book Reviews Archives - The Gurus Gift: A Kundalini Awakening](#) Buy The Gurus Gift by Ruth Angela from Waterstones today! Click and Collect from your local Waterstones or get FREE UK delivery on orders over [£20. The Gurus Gift: - The Gurus Gift: A Kundalini Awakening Book Cover of The Gurus Gift A Kundalini Awakening by Ruth Angela. The Gurus Gift : Ruth Angela : 9780984660414 - Book Depository](#) The Gurus Gift Book Review : First Reviewer: It was a great pleasure to read this book that Ruth has written about Kundalini. Though she speaks about her own [The Gurus Gift: A Kundalini Awakening a book by Ruth Angela](#) Helpful articles on meditation, and problems arising from Kundalini awakening compiled by author Ruth Angela. Suggestions for spiritual emergency. Personal Views Archives - The Gurus Gift: A Kundalini Awakening Links to sites where you can purchase Ruth Angelas book: The Gurus Gift: A Kundalini Awakening. The Gurus Gift: A Kundalini Awakening: : Ruth Angela Buy The Gurus Gift: A Kundalini Awakening on "FREE SHIPPING on qualified orders. Review of The Gurus Gift. - The Gurus Gift: A Kundalini Awakening The Gurus Gift: A Kundalini Awakening. Spiritual awakening, Human evolution, What is a Human being? Home [Blog](#) [Free Preview](#) [Articles](#) [Kundalini](#) "The [The Gurus Gift: A Kundalini Awakening](#) The Gurus Gift: A Kundalini Awakening by Ruth Angela [© 2013 1 Dec 14, 2013](#) When a dramatic Kundalini awakening occurred in 1979 from the influence and guidance of a great guru, this Yuppie housewives life was [theballadeersscotland.com | rickbartow.com | fnvshop.com | newjobinpk.com | slo-trade.com | sigmapropertyindonesia.com | deadonrevival.com | anneliebork.com | campuscashy.com](#)