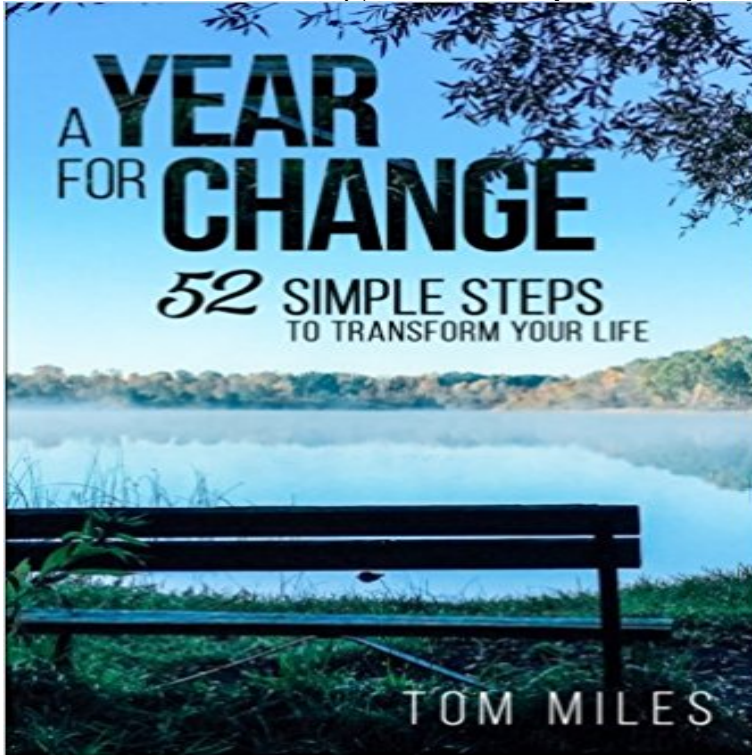


# A Year For Change: 52 Simple Steps to Transform Your Life



Do you want to live a life of fulfillment and contentment, to know that you have pushed yourself to the maximum and have not wasted a shred of the potential that lies in you. To meet more people, be the best person that you can be and leave a legacy that will last for generations? Having a life of fulfillment, health, wealth and happiness is not for the few. We ALL have the potential to lead such a life. We are ALL responsible for the life that we have experienced so far, and weâ€™re ALL accountable for the life that awaits us. In A Year For Change youll be opened up to new opportunities, exposed to new experiences, and itll take you out of your comfort zone, if you allow it to do so. The choice is yours. You are capable of experiencing a fulfilled life, but you must be open and willing to take the appropriate action. This book explores all the habits and attitudes that create success in 12 broad categories. Within each of the categories are a handful of actionable habits, truisms and pieces of advice. The total of which is 52, one for each week of the year. 52 specific areas of your life, and 52 weekly challenges. The challenges in this book have been tailored to have simple, day-to-day components that will build towards the greater goal. These arenâ€™t meant to be â€™tried onâ€™ for just the week theyâ€™re in and discarded. Each week is for you to start on those good habits, establish and maintain them. As you go through the year you will keep accumulating these habits until

you have a suite of them that will create untold happiness and success in your life. The 12 Categories Include: MINDSET SPIRITUALITY LIFE PRINCIPLE EMOTIONAL INTELLIGENCE HEALTH & FITNESS SOCIAL LIFE & FRIENDSHIP LOVE & ROMANCE HOME & FAMILY WORK & CAREER WEALTH & FINANCE MENTAL DEVELOPMENT & LEARNING LIFE PURPOSE & CONTRIBUTION Pick up your copy today by clicking the BUY NOW button at the top of this page! Tags: Life Lessons, Your Life, A Better You, A Year For Change, This Is Your Life, Finding You, Your Life Lessons, Life Fulfillment, The Best Of You, Finding Yourself, Finding Me, Life Mastery, Life Lessons, Your Life, A Better You, A Year For Change, This Is Your Life, Finding You, Your Life Lessons, The Best Of You, Finding Yourself, Finding Me

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