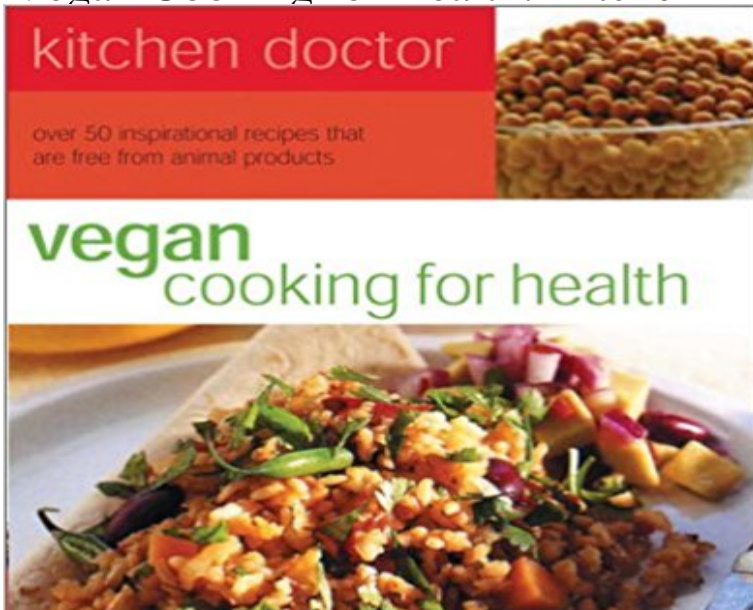


Vegan Cooking for Health: Kitchen Doctor Series



With more than 50 irresistible recipes to choose from, new and experienced vegans alike will find plenty of exciting mealtime ideas. Teriyaki Soba Noodles with Tofu and Asparagus or Creamy Leek and Mushroom Tagliatelle. With nutritional notes provided for every recipe, this is an invaluable guide to the fabulously tasty and highly nutritious vegan style of cooking.

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